

Highlands Recreation District Health Policy

The Highlands Rec Center is a public facility which serves everyone in the community. The District wishes to keep all our patrons, young and old, healthy and safe.

The Highlands Rec District asks your cooperation regarding the following health-related issues:

- California Department of Social Services, which oversees our childcare programs, requires that a child with a temperature of 101 degrees, or higher (taken orally), stay at home until s/he is fever free for 24 hours without medication. We ask that all our patrons observe this requirement in all Rec sponsored activities.
- Center for Disease Control regulations state patrons may not swim in the pool if they have experienced diarrhea in the past 14 days.
- Some of our patrons are very young, and are not yet immunized. We ask that you please remember to notify the Rec immediately in the event of exposure to a highly communicable disease, especially if your child participates in child care at the Rec.
- Should the County Health Department, or other health agency, declare an outbreak in a geographic area which includes the Highlands Recreation District, we reserve the right to exclude from our programs any individuals who are not immunized. This is done for the safety of all unimmunized persons.

The Rec also recommends, in the interest of public health, that you check all your family's vaccinations to ensure they are up to date.

We greatly appreciate your cooperation in keeping the Rec a happy and healthy place for all!

Updated: July 22, 2014